

MAORI OXSHOTT CRICKET CLUB

The weather was kind for a second Sunday in a row and the boys and girls once again enjoyed the freedom of the outdoors. The fun warm up skilfully disguised the emphasis on throwing, the importance of balance, the reward for accuracy and the benefits of tactical thinking.



Both age groups undertook the same exercises and it is clear that those with limited experience listen better than those who are confident they already know what to do! I hope that the drills – in this case, the pull shot, will remind the players of the value of practice. By the end of the session all players had a greatly enhanced shot.

We are halfway through the Winter Programme and the older group will start to use the nets from next week. A kitbag of equipment will be available but players can now bring their full gear if they have it. We will run through what is required and offer advice for those who are considering purchases in advance of the summer.



We had several first timers on Sunday and it is not too late to make a first appearance – the regulars are now showing a marked fitness improvement but this should not be seen as a deterrent to others.

Any queries to John Watkins, Colts Co-ordinator, on colts@maori-oxshott.co.uk